



NEWS RELEASE
For Immediate Release

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Commit to Fitness!

*--Online Registration Now Open for the 17th Annual
St. Luke's Women's Fitness Celebration--*

BOISE – Online registration is now available for the St. Luke's Women's Fitness Celebration 5K Run, Walk & Stroll, America's largest and favorite 5K for women and girls. All online registrations received by July 31, 2009 will receive a personalized race number.

To register, participants need only to log on to www.celebrateall.org and click on the "register now" link located on the home page.

St. Luke's Women's Fitness Celebration will host a week of events which kick off September 21. This year's events include:

- Celebrating Women in Business, Sept. 22, 2009 – Boise Centre on the Grove.
- Celebration Women's Show, Sept. 24 and 25, 2009 – Boise Centre on the Grove.
- Celebration 5K Run, Walk and Stroll, Sept. 26, 2009 – start time, 8:30a.m. near City Hall in Boise.

Women of all ages and abilities are encouraged to participate in the 5K. Men and male teens, 12 year of age or older are encouraged to volunteer on September 26 for a wide array of experiences from Team Trash, Water Station crew, course cleanup and road closure teams.

Call the Celebration office for more information at (208) 381-2221, or visit us online at www.celebrateall.org

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