



NEWS RELEASE  
For Immediate Release

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## **St. Luke's Offers Free CPR Training April 18**

**BOISE** – According to the American Heart Association, nearly 300,000 people a year suffer a sudden cardiac arrest, and most of those attacks occur in a private or residential setting where trained professional medical personnel aren't likely to be available.

It is estimated that if cardio pulmonary resuscitation (CPR) or defibrillation isn't provided, a victim's chance of survival falls by 7 to 10 percent for every minute of delay. After 10 minutes there's little chance of survival.

St. Luke's is making it easier for people to learn CPR by offering free training on Saturday, April 18.

The free CPR training event, co-sponsored by Boise State University and Today's Channel 6, will be held at the BSU Caven Williams Sports Center from 9 a.m. to 5 p.m. **Advance registration is required.** To reserve a spot, call 381-9000.

The American Heart Association entry-level course is designed for anyone 12 years or older who wants to learn basic CPR. A certificate of completion will be provided at the conclusion of training. Information will also be available for those interested in attending advanced CPR classes.

The goal for the day is to train more than 450 people and raise the awareness that learning CPR can indeed save a life.

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