

# 2023 Community Health Needs Assessment

## Implementation Plan Summary

### St. Luke's McCall

The following implementation plan illustrates the strategies St. Luke's and its community partners will employ in fiscal years 2024-2026 to address the most important health needs identified in our 2023 Community Health Needs Assessment for the McCall area.

## Safe, Affordable Housing and Homelessness

Housing instability can impact an individual's health and ability to access or afford health care. It also impacts educational attainment for children and youth. Low vacancy rates can lead to housing shortages and rising housing costs. Dwindling housing supply also can drive up home prices, especially in areas experiencing high population growth.

### STRATEGIES

#### Support households that are cost burdened (spend more than 30% of income on housing costs).

- Support Woodstock, an annual event that provides firewood for community members who struggle to afford to heat their homes in winter.
- Participate in local housing collaboratives and conversations.

#### Support families and individuals experiencing homelessness.

- Support community housing and emergency housing organizations.

#### Increase affordable housing options.

- Fund housing projects in alignment with partners to maximize investment and impact.
- Support St. Luke's workforce housing opportunities.
- Participate in local housing collaboratives and conversations.

#### Support services that assist people in remaining successfully housed.

- Support patient financial services like Helping Hands.
- Explore local opportunities to aid in assistance.



## Behavioral Health, Including Mental Health and Well-Being, and Substance Misuse

Access to affordable mental health care and substance misuse treatment is a struggle for many residents within our service area, including youth. In addition, the service area has a noted mental health provider shortage. Community members identified behavioral health as a top priority—and mental health and substance misuse as topics of serious concern.

### STRATEGIES

#### Support awareness, education and skill building.

- Support availability of mental and behavioral health educational resources.
- Support community partners providing gatekeeper training.
- Support for continued Community Resiliency Model trainings.
- Explore forming a Suicide Prevention Awareness Alliance with regional community partners.
- Participate in the Valley County Opioid Response Project Consortium.

#### Increase access to mental and behavioral health services.

- Increase school-based mental and behavioral services in collaboration and coordination with community partners.
- Grow current behavioral health workforce in collaboration and coordination with community partners.
- Support the Emergency Department Peer Recovery Coach Program.
- Update and distribute the Adams and Valley counties' Mental Health Guide.

#### Identify, intervene and measure outcomes in populations.

- Support our Youth Advocacy Coalition with Planet Youth/Icelandic Prevention Model efforts.

## Access to Affordable Health Care, Including Oral and Vision Health

Community members reported several difficulties accessing health care: long waitlists, trouble scheduling urgent appointments, and particularly in rural areas, difficulty obtaining and getting to specialty care. These hurdles are even more challenging for people relying on Medicaid or Medicare. Difficulty accessing health care can lead people to neglect their health—especially preventative health—resulting in more negative outcomes and higher medical costs in the future.

### STRATEGIES

#### Address transportation barriers to care.

- Financially contribute to the Connect U bus from Riggins.
- Support Mountain Community Transit Gold Line bus route connecting New Meadows to McCall.
- Explore opportunities for additional transportation options for homebound individuals.

#### Support mobile, telehealth and on-site health services.

- Utilize St. Luke's mobile mammography.
- Map, align and leverage mobile health and telehealth strategies in collaboration with community partners.
- Explore telehealth opportunities with local libraries.

#### Support community health worker models, resource navigation services and engagement with vulnerable populations.

- Support and expand the community school model.
- Collaborate with FindhelpIdaho.org on a community-facing and an internal patient community resource directory.
- Provide senior citizen support as identified through local chronic illness, caregiver and other support groups.