

2023 Community Health Needs Assessment

Implementation Plan Summary

St. Luke's Boise/Meridian

The following implementation plan illustrates the strategies St. Luke's and its community partners will employ in fiscal years 2024-2026 to address the most important health needs identified in our 2023 Community Health Needs Assessment for the Boise/Meridian area.

Safe, Affordable Housing and Homelessness

Housing instability can impact an individual's health and ability to access or afford health care. It also impacts educational attainment for children and youth. Low vacancy rates can lead to housing shortages and rising housing costs. Dwindling housing supply also can drive up home prices, especially in areas experiencing as much growth as the greater Treasure Valley.

STRATEGIES

Support households that are cost burdened (spend more than 30% of income on housing costs).

- Participate in the Our Path Home Executive Committee.

Support families and individuals experiencing homelessness.

- Financially contribute to a new shelter facility for Interfaith Sanctuary.

Increase affordable housing options.

- Participate in the Our Path Home Fund Committee.
- Fund housing projects in alignment with partners to maximize investment and impact.

Support services that assist people in remaining successfully housed.

- Support on-site services for permanent supportive housing models.

Behavioral Health, Including Mental Health and Well-Being, and Substance Misuse

Access to affordable mental health care and substance misuse treatment is a struggle for many residents within our service area, including youth. In addition, the service area has a noted mental health provider shortage. Community members identified behavioral health as a top priority—and mental health and substance misuse as topics of serious concern.

STRATEGIES

Support awareness, education and skill building.

- Promote and support existing gatekeeper trainings.
- Support availability of mental and behavioral health educational resources.

Increase access to mental and behavioral health services.

- Increase school-based mental and behavioral health services in collaboration and coordination with community partners.
- Update and distribute the Treasure Valley Mental Health Guide.
- Grow the behavioral health workforce in collaboration and coordination with community partners.

Identify, intervene and measure outcomes in populations.

- Support the Communities for Youth model.



Access to Affordable Health Care, Including Oral and Vision Health

Community members reported several difficulties accessing health care: long waitlists, trouble scheduling urgent appointments, and particularly in rural areas, difficulty obtaining and getting to specialty care. These hurdles are even more challenging for people relying on Medicaid or Medicare. Difficulty accessing health care can lead people to neglect their health—especially preventative health—resulting in more negative outcomes and higher medical costs in the future.

STRATEGIES

Address transportation barriers to care.

- Financially contribute to the Rides2Wellness program.

Support mobile, telehealth and on-site health services.

- Utilize St. Luke's mobile mammography.
- Utilize St. Luke's mobile pediatric care.
- Map, align and leverage mobile health and telehealth strategies in collaboration with community partners.
- Staff the Health Window program in partnership with the Mexican Consulate.

Support community health worker models, resource navigation services and engagement with vulnerable populations.

- Support and expand the community school model.
- Collaborate with FindhelpIdaho.org on a community-facing and an internal patient community resource directory.
- Partner with Genesis Community Health Clinic.

